Sun City Mesquite Times

### A Publication of the Sun City Mesquite Homeowners' Association

### March 2025

St. Patrick's Day is officially observed on March 17 each year, though celebrations may not be limited to this date. The significance of March 17 is that it's said to be the date of St. Patrick's death in the late 5th century (circa A.D. 493).

However, there are many legends about him that are mixed with the truth. Did he play a large role in spreading Christianity to Ireland? Yes, absolutely. Did he really drive all the snakes out of Ireland? Probably not, since snakes weren't native to Ireland to begin with!

We wear a shamrock on St. Patrick's Day because, legend says, St. Patrick used its three leaves to explain the Holy Trinity in his teachings. (The Trinity is the Father, the Son, and the Holy Spirit as three divine persons who are one divine being [God].)

Although the holiday originally started as a Christian feast day celebrating the life of St. Patrick and to spread Christianity in Ireland, today, it is a day of revelry and a celebration of all things Irish.

Why Do We Celebrate St. Patrick's Day? Everyone is Irish on St. Patrick's Day! Enjoy St. Patrick's Day history, legends and lore. Don't forget to wear green!



### Come Join The Celebration Monday, March 17

Noon at the Pioneer Center \$16 per person Menu:

Corned Beef Sandwich with Dessert and Green Punch Join in the Shamrock Hunt!



Sign up at the frontdesk or call 702-346-6006 Deadline for Signing up is when capacity is met.

### **Upcoming Events**

\*\* March 6 and 20\*\* ARC Meeting Daes

March 4 Mardi Gras Party

March 5 Chicago Concert-Venetian

March 8 A's vs. Diamondbacks

March 11 Menopause the Musical

March 12 Medicare 101 w/Todd Walker

March 17 St. Patty's Day Luncheon

March 19 Mayor's Forum

March 20 Mesa View Lunch & Learn

March 21 Grandfunk Railroad

March 24 Alzheimer's Discussion

March 24 Bingo

March 25 Memory Screening Cleveland Clinic

March 25- 28 Temecula Winery Trip

March 26 Desert Pain Specialists

March 29 Community Garage Sale

\*\*\*Submittals for ARC must be received by Noon on the Monday prior to the date.

#### Sun City Mesquite *Times*

#### A message from your Lifestyle Director Deborah Demos

March is here, and that means it is Spring Community Garage Sale season. Clean your closets, cabinets and garage and get rid of those unwanted, unused items and earn cash along the way. Our annual Spring Community Garage Sale is on Saturday, March 29, 7 a.m. – 3 p.m. Homeowners are responsible for outdoor directional signage. Please be conscientious of pedestrians walking and mindful of traffic.

Do you have questions about Medicare? Todd Walker will be giving a presentation on "Understanding Medicare" on Wednesday, March 12 at 10 a.m.

On St. Patrick's Day, we are going to have the talented Mike Rye here singing at our "Luck of the Irish Lunch" starting at noon at a cost of \$16. Fat Dough Bakery will be catering delicious Corned Beef Sandwiches on freshly baked rye bread with sides, beverages and dessert. Gather your Sun City friends and neighbors and enroll for an incredible lunch, great fun and music by Mike Rye.

Meet Mayor Whipple. On Wednesday, March 19 at 9 a.m., we will have the Mayor's Forum. Get city updates, capital projects, Community charities and more.

Kelly Adams, with Mesa View Hospital, will be here on Thursday, March 20 at 9:30 a.m. Kelly will talk about the Clinical Laboratory, proposed new medical office building, pain management services, cardiac rehabilitation, primary care options and more.

Cleveland Clinic will be here on Tuesday, March 25 to do memory screening. This will be a very brief and simple brain health checkup that tests memory and thinking skills. Signups are every 15 minutes from 1 p.m. to 4 p.m and the test is complimentary.

DJ Van Dyke and Toby Schield will be in the house singing your favorite, nostalgic songs on Saturday, April 5 at 2 p.m. Cost is \$14 per person. You'll be wowed with an afternoon of great old songs sure to bring back memories by our very own Diane VanDyke and Toby Schield.

Be sure to read your Pioneer Press every Thursday morning for more details and information on any of these events and be sure to click on the Lifestyle Updates.

#### Sun City Mesquite Homeowners' Association

### In The Spotlight: Cheryl and Michelle Nault

"No red, no yellow....all green."

The view from the backyard of Cheryl and Michelle Nault's home is breathtaking. Their home sits high on the bluff and overlooks parts of the golf course and the mountains. It is the reason they decided to make Sun City Mesquite their home in 2022.

The couple started their search online for a place to retire during Covid. They both liked the com-



munity aspect and amenities that Sun City Mesquite offers and came to look at SCM Mesquite in 2021. They immediately fell in love with view from one of the lots. "We took one look and knew this was the place," says Michelle. "Everything fell into place. We won the bid, sold our house, and started our build. All the lights were green.".

The couple began a friendship when they both lived in North Orange County. That friendship blossomed into a courtship when the couple went on their first date, which was a trip to Disneyland in 1997. They married in 2008.

Both are avid travelers and have travelled extensively throughout the world. A trip to Tahiti in 2004 was a highlight. "We stayed in an overwater bungalow," Chery recalls. "That was really special.". The couple also enjoys cruising and traveling throughout Europe and will combine both with a cruise down the Danube planned for April.

Since moving here, they have taken advantage of all that SCM Mesquite offers. Avid athletes, they regularly play pickleball, where they won the silver medal in the Lone Mesa Tournament held last fall. Cheryl is also competing in the upcoming Mesquite Senior Games pickleball tournament.

Volunteering is also a part of their DNA. Both volunteer for the Donkey Dream Sanctuary located in Scenic, AZ, and deliver meals to seniors through their work with the Mesquite Senior Center. They are passionate about their involvement with the Warrior Women of Mesquite Nevada's 2nd Annual March Against Cancer walk scheduled for March 15.

"The community has been great here.", says Michelle. "We are so happy to call Sun City Mesquite our home.".

## **Mesquite Local History**

### Hot Reuben Dip

#### Mesquite Gets Its First Torah

Our delightful Rabbi Zuckerman (Zucky) has decided to bring a Torah to Mesquite. For the first time in history our town finally gets the five books of Moses (The Torah) handwritten on parchment (animal hide) by a licensed Scribe. It often takes the Scribe up to a year to write and can cost up to \$40,000 dollars depending on design and special types of scrolls. The Torah must be written using a quill pen and rare vegetable ink.

At one time a Torah in San Diego from the Czech Republic that survived the Holocaust had the ink eaten by bacteria. It had to be repaired at a cost of \$7,000.00. While in Portland, Zucky had a Russian Torah that was hidden for 70 years to prevent its destruction by Nazis and later by communists. That scroll was sold to a young congregation in upstate New York.

During the current war, Zucky visited Israel three times to bring/ buy supplies for soldiers. On his first trip back in November of 2023, he attended the funeral for Rose Ida Lubin, a 20-year girl from Atlanta who moved to Israel after high school. She joined the Israeli Border Patrol and on October 7 fought back against the terrorists on the kibbutz she was living. Not a single person on that kibbutz was killed. Weeks later while on patrol in East Jerusalem a 16-year-old Arab stabbed her.



Zucky is hoping to have another Torah cover made in Rose's memory. He has brought the Torah here to help him educate people about Jewish traditions in local institutions. Zucky often has presentations that show some of the life of people in Israel and their struggles and successes.

Zucky and his wife Simi have been living in Mesquite for going on nine years. He would like to give a special thanks to TJ Custom Mats and Frames for taking the crate the Torah was shipped in and making it into an Ark. Further special thanks go to Steve Gantman for hosting the Torah at his home.



Arc to holdTorah



Sun City Mesquite

### Ingredients

8 oz corned beef 8 oz full-fat cream cheese, room temperature 1 cup shredded Swiss cheese ½ cup sauerkraut ¼ cup Thousand Island Dressing ¼ cup sour cream ¼ tsp garlic powder

### **Oven Directions**

Pre-heat the oven to 400°F. Add the corned beef, sauerkraut, Swiss cheese, cream cheese, sour cream, salad dressing, and garlic powder to a medium mixing bowl and stir well to combine. Transfer the mixture to an 8"x8" baking dish and use a spatula to evenly spread. Bake for 15-20 minutes until bubbly

and hot. Optional – Broil for 5 minutes to

brown the top of the dip.

#### **Crockpot Directions**

Throw everything in the crockpot and cook on low for 4-6 hours or high for 2-3 hours.

#### **Dipper Ideas**

Serve with rye bread, rye crackers, Triscuits, pita bread or your favorite crackers.

Torah within Arc

### **Messages from Your Resident Board Members**

### George Young - Sun City Mesquite Board Member

Try something new. Sign up for electronic billing and be ahead of the game. No snail mail on HOA bills. Front desk concierge can assist you with this.

### Robin Arndt - Anthem Mesquite Master (AMM) Board Member

Wednesday, March 26, at 12 p.m. - Celebrate World Water Day at the Virgin Valley Water District in their offices located at 500 Riverside Drive. Lunch - Local Water Talk - Water Q&A - followed by an optional tour of the facilities. Ben Martinsen, the new general manager will be presenting and will be available for questions.

Happenings around the City -

1. Did you know Mesquite has a radio station? 105.3 FM, check it out.

2. The Rising Star has been sold to the Holiday Inn Resort. Watch for the new owners to open soon. New amenities? - a waterpark may be in the future.

3. The planned new Fire Station, location - Horizon Blvd, near Canyon Crest Blvd, will go out to bid in March. Great news for Sun City residents.

4. The Animal Shelter was recently awarded national recognition for Best Animal Shelter 2024. A 3600 squarefoot addition is currently being planned for the Shelter at its current location. Wonderful news for our community and the many animals taken in and cared for at the shelter.

5. Did you know the Senior Center sees 300 visitors each day, as well as providing free tax preparation, through AARP? Additionally, 250 meals are delivered to seniors each day throughout our city. At the Center, a 4-hour respite break for caregivers of seniors is also available. If you have not visited the Senior Center, please stop in. They are located at 102 Old Mill Road, 702-346-5290.



### Sun City Clubs: Cribbage Club

The game of cribbage has its origins in England about 1630 and is credited to John Suckling for its invention or adaptation of Noddy. He added a discard pile which is now called the "crib." He also gifted decks of cards to British nobility and then played against them for money and won because the decks were marked! Even though he was dishonest, he was knighted because of the popularity of cribbage and became Sir John Suckling and was a member of Parliament. Because of his dishonesty in politics, he was later exiled to France where he died at the age of 33, probably of suicide.

A "perfect" Cribbage hand of 29 points consists of a Jack and four fives. This "perfect" hand can happen once is



216,000 hands, so most players have never had one. If this doesn't make sense, or if it sounds interesting, come join the Cribbage Club that meets



in the Pioneer Center each Thursday from 10:00 to noon.

If you don't know how, or if you have forgotten how to play, someone will teach you, and there are NO DUES! The club is always looking for new members or visitors. However, to learn how to play the game, it's best to just start playing rather than watching. Many teachers of cribbage will deal all cards face up while you learn the strategies of play. Cribbage is often played with two, three or four players, so you'll easily fit in.

For more information, contact the group's leader, Jim Marty at 303-746-0586 or jmarty@jimmarty.com

### Welcome New Sun City Residents



John & Sonya Anderson Rick & Linda Babb Mick & Maria Bailey Roldo Call Gilbert & Valerie Crane Mark & Barb Dieterle Robert & Valerie Fitte Vivian & Lilia Gallardo Elizabeth Gilbreath Mike Griffith Syracuse, UT Ketchum, ID Henderson, NV Salt Lake City, UT Burley, ID Loveland, CO Helena, MT Vista, CA Mesquite, NV Torrance, CA Roger & Brenda Klinger John Magnus & Angela Montoya Jim & Sandy Miller Gary & Judy Moravitz Scott & Janet Neill Ronald Shadron Greg & Kelly Stevens Jim & Jan Ward Michael & Judy Weir Ray & Vonnie White LaPine, OR Butte, MT Big Bear City, CA Rancho Cucamonga, CA Bayfield, CO Buena Park, CA ID Evanston, WY Las Vegas, NV North Las Vegas, NV

### **Business Corner: Ink by Britt**



Ink By Britt, an incredible all-female-run business founded by Brittany Wagner. With over 20 years of experience in the industry, Brittany not only provides top-notch permanent makeup services for eyeliner, eyebrows and lips but also trains & mentors artists in these techniques.

At Ink By Britt, you can find a range of services including fine-line tattoos, piercings, permanent jewelry, waxing, facials and laser tattoo removal. In addition, Ink By Britt has an on-staff registered medical nurse with over 13 years' experience performing cosmetic injections of Botox and fillers.

Ink By Britt caters to both men and women, ensuring that everyone can find the services they need in a comfortable and welcoming environment.

Walk-ins are welcomed, however, appointments are preferred!

### **MESQUITE, NV LOCATION**

190 E Mesquite Blvd, Unit G (kitty-corner from Maverick Gas Station) Mesquite, NV 89027 702-344-5173 Email: info@inkbybritt.com Website: www.inkbybritt.com Hours: Tues-Fri: 10 a.m. – 5 p.m. Weekends: By appointment LAS VEGAS, NV LOCATION 7293 W Sahara Ave Las Vegas NV 89117 725-205-3202



## **Conestoga Golf Club and 1880 Grille**

### 1880 Grille

The 1880 Grille gets its name from the pioneers who settled in the area in 1880. That pioneer spirit is kept alive with the restaurant's decor as well as many signature items. The entire menu is available online at www.conestogagolf.com.

Breakfast is served until noon, Dinner is available from 3 p.m. to close, or stop by for pizza from noon to close.

Remember to mention that you are a Sun City Resident to receive your food discount. Better yet, introduce yourself to your server.

For additional information, limited seating times, as well as early closures, call 702-346-4292 or visit Facebook at 1880 Grille.

### **Conestoga Golf Course**

The Conestoga Golf Club provides for a unique playing experience within Mesquite's natural landscape. It has been ranked a "Best in State" course.

Pro Shop hours for March are 6 a.m. to 5 p.m. The driving range hours are the same as the Pro Shop with the exception of Mondays; in which it will close at 4 p.m.

Tee times begin approximately one hour after sunrise. Book your tee times online at www. conestogagolf.com or by calling the Pro Shop at 702-346-4292.

Save the date, June 21, for a Sun City Resident special event. The golf course will be holding a Par 3 event beginning at 3 p.m. Contact the golf course for more information.

This fun event is being held just prior to the June golf course maintenance where the course will close for a few days.

Please note: Sun City Residents are not permitted to ride bikes or walk the golf course at any time. Thank you.





### Critter Corner: Discovering Palmer's Chipmunk: Nevada's Hidden Treasure

Tucked away in the Spring Mountains of the Great Basin, Palmer's Chipmunk (Tamias palmeri) is a tiny but remarkable rodent contributing to Nevada's unique ecosystem.

Unlike its more common chipmunk cousins, this elusive species is found only in Nevada--a true Nevada original.

Palmer's Chipmunk thrives in the rugged terrain of the Great Basin. Unlike chipmunks that prefer dense forests, this species lives in high-altitude scrublands and rocky outcrops, typically between 7,000 and 10,000 feet above sea level.

Despite its small size, Palmer's Chipmunks are important to the Nevada environment. As they scurry through their habitat, they serve as a natural seed disperser, aiding in plant regeneration. Their burrowing activities also help aerate the soil, promoting healthier vegetation



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growth. Without creatures like Palmer's Chipmunk, these fragile high-altitude ecosystems would struggle to sustain their diverse plant life.

Palmer's Chipmunk is as striking as it is resourceful. With bold black and white stripes running along its back, its fur provides more than just eye-catching beauty--it offers essential camouflage against predators such as hawks, snakes, coyotes, raccoons and weasels.

Distinct from true hibernators, Palmer's Chipmunk enters a state of torpor (inactivity) during the colder months to help conserve energy and emerge during warmer days to forage. Chipmunks are typically ground dwellers, but this species is an excellent climber, scaling shrubs and trees to find food.

This species is classified as endangered by the International Union for the Conservation of Nature. Thus, its habitat is protected and managed by the U. S. Forest Service and the Bureau of Land Management.

Spotting a Palmer's Chipmunk in the wild is a rare event since its territory is somewhat isolated. But do keep an eye out while exploring; you might just be lucky enough to catch a glimpse!

### **Festivals and Events**

March Events

March 1	Alt Om BLING – first anniversary, 10 a.m. @ The Brickyard
March 8	11th Annual Donkey Jamboree @ The Donkey Museum
March 15	Mesquite March against All Cancer @ The Mesquite Recreation Center
March 15	Search for the Gold Fundraiser – AZ Search & Rescue, 5 p.m. the Eureka Grand Ballroom
March 15	Dealt a Straight Band @ The Mesquite Community Theater
March 21-23	World Long Drive – 'Clash in the Canyon' Sports and Events Center all day
March 25	"Back to the Good Old Days" Scholarship Fundraiser, 5 p.m. @ VVHS
March 31	Celebrating Queen @ The Mesquite Community Theater

All Month:

Decorate Saxon: The Suffrage Cat Contest Woman's Culture & History Center until May Mesquite Senior Games begin on March 8, <u>Click here for more information or to register</u>.

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# Community Manager's Corner

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Cure City Ma	until and a los OF	Actual	Budget	Budget	Budget	2010/01/07
	w Homes - Jan-25	Jan 2025 16	Jan 2025 14	Variance	- Charles and a second state of the second	Comment#
Jan only New Home Sales Total Sun City Homes-month-end		2.637	2,635	2	175	1,20.4
Approx Residents at 1.85/Home		4,878	4,875	Not Budgeted	2,00	
	ro Homes-month-end	49	49		71	
Sun City Re	sales - Jan-25	Jan 2025	5	Avg \$/Sq Ft		
	Less than 1,600 Sq FT	6	55%	\$269		4
	1,600 to 2,000 sq ft	3	27%	\$287		5
	2,000 Sq Ft	2	18%	\$266		6
8	Total	11	100%	\$273	Value of Our Home	
Sun City Pe	sales-History	Total		Annual % incr	9 Yr Avg	
- an only re	2016 to Jan-25	Resales	% by Size	in \$/SF sold	Resales/mo	
1	Less than 1,600 Sq FT	502	47%	7.5%	4.6	7
	1,600 to 2,000 sq ft	276	26%	7.4%	2.5	8
	2,000 Sq Ft	284	27%	7.1%	2.6	9
	Total	1,062	100%	7.4%	9.7	
				Arrus rate of return		
Consol	idated SCM, AMM & BI	Actual	Budget	Budget	Budget	
Income & Exp	pense Report in '000's	Jan-25	Jan-25	Variance	Total 2025	17.55
	Sun City Income	\$442	\$435	\$7	\$5,357	10
Depenses:	Admin	\$123	\$132	\$9	\$1,595	
	Landscape Maintenance	\$63	\$66 \$27	\$3 \$8	\$818 \$341	
	Water	\$15	527	(\$6)	\$476	
	Electric	\$17	\$13	(\$4)	\$191	
	Gas	\$3	\$5	\$3	\$45	
	Other Costs	\$2	\$11	\$9	\$132	
	Reserves	\$145	\$144	(\$2)	\$1,761	
	Total Operating Exps Surplus/(Deficit)	\$386	\$407	\$20	\$5,357	11
	ourpress(perion)	400	460	44.5		18
Co	mments on New Ho	ome Sales &	Resales -	Comment#'s refe	r to above data.	
1-1	6 New Home Sales in .	Jan, 2 over the	e mthly Bud o	f 14. 175 is the	Budget for T	ot 2025.
2- 5	Since 2016, Sun City Ne	w Home sale	s have average	ged 14 per mor	th vs 10 Resa	iles/mo.
3. 5	Since 2016, we've expe	rienced a 9.81	6 annual grow	wth rate in New	Home Sales.	
Note: 9 8% ar	nnual growth, despite CV	19 10 2020 4 4	Mission units int	lation from 2020	2 to 2024 is exc	allant
	inan grown, cespite or	10 01 2020 0 4	and any pilly an		10 10 10 10 10 10	and the second sec
AT	otal of 11 Resales	in Sun City	in Jan 202	5 - Data from SC	Realty's monthly	color flyer
4-1	Homes are grouped by	3 sizes and R	tesale data for	every home is	s tracked.	
5	an 2025 ended with Av	s/SoFt rand	aing from \$26	6 to \$287 base	d on home siz	e.
6- /	Avg \$/Sq Ft = Sales Pric	e divided by	Sa Ft for ever	y sale, i.e. The	Value of Our I	Home.
Re	sale History since 2	2016, 9 Yea	rs of Data		0.0000000000000000000000000000000000000	A
7-1	Avg Resales/mo are app	prox. 10 vs 14	New Home S	ales over 9 yr	s. Very consis	stent.
8- 8	Resale % by Size has b	een consiste	nt with New H	omes Sold by	Size over 9 yr	\$.
9- 0	Our Avg Annual Rate of	Return in Re	sale \$/ Sq Ft r	anges from 7.1	1% to 7.5%	
Note: 9 yrs o	of Resale data provides	support for ti	he consistent	value of our H	ome investme	nt.
Con	nments on Jan 2025 In	come & Expe	nse Report			
	Income is \$7K over Bud			ding Bud by 2 f	or Jan Good	Newst
					2845020000000000000000000000000000000000	89.2033aaa
11-	Tot Exps were \$20K under	er Bud for Jan	Most Exps un	ider Bud to offs	et higher Wate	r & Elect
	Tot Exps were \$20K unde This results in a Total Su					CE - 45 (8) (5)

#### Phil Crapo General Manager 702-346-6006 philip.crapo@seabreezemgmt.com

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# **Income Plan**

- Social Security maximization
- Income and expense analysis
- Inflation, spousal and longevity plan

# **Investment Plan**

- Strategies to reduce the impact of market volatility
- Assessing your risk tolerance
- Adjusting your portfolio to help reduce fees

# Tax Plan

- Assessing the taxable nature of your current holdings
- Strategizing ways to include tax-deferred or tax-free money in your plan

# **Healthcare Plan**

- Plan to help protect against rising health care costs and long-term care needs
- Look at all aspects of Medicare, Parts A, B and D

# Legacy Plan

- Create a plan to help your beneficiaries reduce or avoid probate
- Maximize opportunities to help reduce estate tax burdens

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ADVANTAGE MEDICAL EQUIPMENT



### Talking to a loved one about their wishes for the end of life

This is typically not an easy discussion. You may not want to cause them further distress or you may have difficulty accepting their prognosis yourself.

However, silence will do no one any good in this situation, and it's important to consider your loved one's wishes for future care. When it's time to call hospice, open and honest conversations about the reality of what's happening can also lead to a deeper emotional connection and quality bonding through this difficult time.

If you're having trouble bringing up hospice to a loved one, consider the following advice:

- Choose an appropriate setting in a quiet, private place.
- Ask for permission to talk about their health and their future care.
- Be patient and empathetic and let them set the pace of the conversation.
- Ask questions about their wishes if treatment should stop working, how they'd want to spend their time if they knew the end of life was approaching, and if they've selected someone to make healthcare decisions if they can no longer make them.
- Listen carefully to what your loved one is saying. Let them know you understand and respect their thoughts and concerns, even if you disagree.
- Take notes after the conversation so you have a written record of their wishes.
- Try again at a later time if the conversation was too difficult and affirm that you are there to support them.

If you would like a representative from Comfort Home Health & Hospice to assist you with this conversation we would be happy to provide education and guide you and your loved one through this process. Give us a call to schedule. (there is no charge for us to provide education about our services). We Are Local



HOW TO START THE HOSPICE CONVERSATION WITH A LOVED ONE

### How do you know when to to call Hospice?

If your loved one has a terminal illness and has stopped responding to treatments, it may be time to consider hospice. Typically, hospice care is recommended when a doctor believes an individual has six months or less to live if the disease takes its natural course.

Treatments that are no longer working, symptoms that are too difficult to manage, more frequent infections and/or trips to the ER, loss of appetite, and confusion or inability to communicate are all signs that it might be time to call hospice.



Some people ask if starting hospice care means giving up. It's important to remember that hospice provides a way for people to live in comfort, peace, and dignity without curative care when treatment options for their disease are no longer working. Hospice doesn't mean giving up but rather is a means to improve the quality of life of your loved one and their family members when the end of life is approaching.

Scan for more information