



**July 2022**

**Upcoming Events**

## Save the Dates Upcoming trips from the Lifestyle Team

Summer and Fall are going to be busy months with fantastic shows, musicals, concerts and more. Call the Pioneer Center at 702-346-6006 to sign up. All events include bus transportation.

Additional details can be found in the weekly Pioneer Press.

**The Buddy Holly Story @ Tuacahn's Hafen Theatre ~ Monday, July 18.** Tickets are \$69 per person. Bus will leave from the Pioneer Center at 4:30 p.m.

**Sister Act, the Musical @ Spring Mountain Ranch ~ Thursday, July 28.** Sign up to enjoy this award winning show under the stars in a beautiful outdoor setting. \$68 per person. Bus leaves at 4:00 p.m.

**Sound of Music @ the Utah Shakespeare Festival in Cedar City ~ Wednesday, August 17.** Tickets are \$99 per person with bus transportation leaving at 10:00 a.m. Guests can sign up now.

**Las Vegas Aviators Baseball @ Las Vegas Ball Park.** Take me out to the ball park on Tuesday September 13. Tickets are \$60 and the bus leaves at 4:00 p.m. Guests can sign up after August 1.

**Menopause, the Musical @ Harrah's ~ Tuesday, September 20.** Don't miss out seeing this hilarious show. Tickets are \$107 per person. Bus will leave at 12:00 p.m.

**Lake Mead Dinner Cruise on the Desert Princess ~ Saturday, September 24.** Dinner and cruising the iconic Lake Mead for \$126. Bus leaves at 3:00 p.m. and cruise launches at 5:30 p.m.

**Art in the Park in Boulder City, NV ~ Sunday, October 2.** Sign up early to reserve your spot. \$40 covers the cost of bus transportation. Bus leaves at 7:15 a.m.

**Barry Manilow @ Westgate Las Vegas ~ Thursday, October 20.** This 85 minute show is not to be missed. \$149 per person. The bus departs at 2:30 p.m. with two hours of leisure time before the show.

**Hamilton, the Musical @ the Smith Center ~ Tuesday, October 25.** \$161 per person.

**Earth, Wind, and Fire @ the Venetian ~ Wednesday, November 2.** There are limited tickets for this concert. \$170 per person which includes entertainment tax and processing fees. The bus will rock and roll from the Pioneer Center at 3:45 p.m.

**Cowboy Christmas @ the Las Vegas Convention Center ~ Monday, December 5.** Sign up for this once yearly holiday shopping trip taking place during the Wrangler National Finals Rodeo. \$40 per person with the bus leaving at 8:00 a.m.

\*\*\*July 7 and 21\*\*\*  
ARC Meeting Dates

July 4  
4th of July Celebration

July 14  
New Homeowners  
Orientation

July 15  
Larry Colson BOD  
Town Hall Meeting

July 18  
Mac and Jan  
An hour of Americana

July 18  
Buddy Holly Story  
Tuacahn

July 19  
Board of Directors Meeting

July 21  
Ice Cream Social  
Sponsored by  
Intermountain Healthcare

July 25  
Bingo

July 28  
Sister Act- The Musical  
Super Summer Theater at  
Spring Mountain Ranch

August 17  
Sound of Music  
Cedar City

\*\*\*Submittals for ARC must be received by 4 p.m. on the Friday prior to the date.

A message from your  
Lifestyle Director  
Deborah Demos

## Critter Corner: Doves and Pigeons: Are they the same Bird?

We are having a food drive for the Salvation Army through the end of July. Bring your nonperishable goods to the Pioneer Center. We have boxes in the lobby for your donated items. There are 300 families in Mesquite who are in need of food.

It's here and it's what you have been waiting for. We have chartered a bus to see Hamilton at the Smith Center on Tuesday, October 25. Sign up at the front desk.

We have our HOA Board of Directors meeting on Tuesday, July 19 at 1:30 p.m. at the Pioneer Center.

Want to see a wonderful musical under the stars? We have chartered a bus on Thursday, July 28 to Spring Mountain Ranch to see Sister Act. Pack your small cooler with picnic dinner and a lawn chair or blanket. Concession type food will also be available to purchase. If you haven't been there, you are in for a real treat. It's a beautiful outdoor venue. Gather your friends and neighbors and sign up for this fun trip. Only \$68 per person.

On Tuesday, September 13 we will take a bus to Las Vegas Ball Park to watch our baseball team, the Las Vegas Aviators, take on the Tacoma Rainiers. It will be a great time for all.

Dine under the stars on Lake Mead aboard the Desert Princess, on Saturday, September 24. Only \$126 per person, includes round trip bus transportation, cruise and a delicious dinner. See the Pioneer Press for the dinner menu. Click on Lifestyle events.

Shawn and I went to see Barry Manilow in June. What a show he put on. He is one incredible, talented entertainer. The finale is exhilarating. You won't want to miss this iconic show on October 20. Roundtrip bus transportation and concert only \$149 per person. We may get a tour of Elvis's 16,000 sq. ft. villa on the 30th floor if it isn't occupied. But we will not know until that day.

For more information, click on Lifestyle Events in your weekly Pioneer Press.

Scientifically speaking they are the same bird.

Doves and pigeons are both members of the bird family, Columbidae. There is no scientific difference between the two.

There are more than 300 species of Columbidae. They are found everywhere except Antarctica, the high Arctic and driest areas of the Sahara Desert.

Both birds have small, round heads with short bills. They have compact bodies, short legs, tapered wings and soft feathers. They will eat fruits and seeds and build flimsy nests.

In Etymology (study of words) the definition of a dove has changed over time. "Dove" was originally used to describe all pigeons. Dove is a Germanic word referring to the diving flight of the bird, while pigeon is a French word derived from Latin *pipio* meaning peeping chick.

The perceived differences between doves and pigeons are their size and tails. Doves are smaller weighing about six ounces with most of their weight coming from their wings. They have more expressive tails when in flight. The common pigeon, also known as a Rock Dove, weighs close to eight ounces and has a shorter tail.

While a dove is a white or gray bird symbolizing peace, the pigeon is labeled a pest due to its great numbers in urban areas scavenging for food.

The common pigeon has innate homing ability and were used during World War I and II to carry important messages. Pigeons were used because there was less chance of messages being intercepted by the enemy. This practice of sending messages via pigeons was known as "pigeon post" or "war post".

The next time someone mentions pigeons, let them know doves are the same thing.



## In the Spotlight: Don and Maureen Gallagher

How did you wind up in Sun City Mesquite? Everyone has their own story. For Don and Maureen Gallagher, it happened because they were looking for new countertops for their home in Ohio.

The story goes like this: Their longtime home near Cleveland needed rejuvenation. At the same time, a friend invited them to visit his new retirement home in Branding Iron. When they came, they thought: “Why not look at some models and get some ideas?” They had no thought of buying here, but one thing led to another. They looked at models, and they looked at turn-key homes. This was February, 2009, the second year of the crash, and sales were at a standstill. Their friend had parties for them and invited their close-knit community of neighbors – there were only about 400 homes in SCM at that time.

“We liked the feeling of community, and we liked this house and location,” says Don. “We knew retirement was not too far off, so we bought.”

Don is a Cleveland native, and he spent his career with Cleveland-Cliffs, the iron ore and steel company, in various management positions. Maureen grew up in Connecticut, and the two met in 1972 when both were in college there. They lived south of Cleveland in a home built by Don’s dad, a construction superintendent. Maureen had likewise grown up in a tightly knit family in Stamford. So that close neighborly feeling of SCM was especially appealing.

Their two children are now married with children of their own – four grandchildren in all. Don and Maureen visit them regularly. In fact, they travel often to family events – a lot of weddings happen when, like Maureen, you have nine siblings!

SCM is no longer the intimate community they saw first in 2009, nor even the one they moved to after retirement in 2014. But there are still friends and neighbors. In the Covid year, one neighbor showed movies on his garage door every two weeks, and folks sat dutifully socially-distanced in the driveway.

They are pickleballers and Jeepsters. And as they watch SCM grow around them, Don is an advocate for services and facilities that will be right-sized for a community of some 5,000 homes. That’s twice as many as were planned way back in 2009, when the Gallaghers thought all they needed was a granite countertop for their home in Ohio.



## INGREDIENTS

- 1 quart oil for frying
- 4 summer squash, cut into chunks
- 1 medium onion, grated
- 2 eggs, beaten
- $\frac{2}{3}$  cup all-purpose flour
- $\frac{2}{3}$  cup dry corn muffin mix
- 2 teaspoons baking powder
- $\frac{3}{4}$  teaspoon salt

## Directions

Heat the oil in a deep, heavy skillet or deep fryer to 365 degrees F (185 degrees C).

Place the squash in a pot with enough water to cover. Bring to a boil, and cook 10 minutes, or until tender. Drain, and mash.

In a bowl, mix 2 cups squash\*, onion, and eggs. In a separate bowl, mix the flour, corn muffin mix, baking powder, and salt. Thoroughly blend the squash mixture into the flour mixture.

Drop the squash and flour mixture by rounded tablespoons into the hot oil, and fry until evenly brown and crisp. Drain on paper towels.

## Business of the Month: Crystal Palms Healing Sanctuary

Oh, thank goodness for places like the Crystal Palms Healing Sanctuary. Whether you have been hard at work at your 9-5 job, spend your leisure time enjoying your favorite sport like golf or tennis, just came off an exhilarating hike or other outdoor activity, you will appreciate the truly healing treatment awaiting you at the Crystal Palms Healing Sanctuary.

The recently opened Sanctuary in Mesquite's by-line says it all: "Crystal palms healing sanctuary is where the mind and body meet the soul." The spa is a unique wellness center offering a variety of wellness therapies including massage, emotional clearing and healing, salt therapy, and infrared therapy. In addition, according to the website, the center's goal is not only to help all individuals achieve the full benefits of each treatment session as they pursue their wellness path, but to ensure they receive the highest quality of service, and that they will yearn to return time and time again.



The Sanctuary offers a large number of restorative therapies to include: a Cocoon Infrared Pod which provides relief to muscles, tissues and joints for customers experiencing arthritis, chronic fatigue syndrome and fibromyalgia; Air Compression Recovery to improve blood circulation and speed recovery to those experiencing neuropathy, leg and foot swelling, varicose veins, and more; Emotional Clearing Therapy for those who may be harboring negative or painful emotions which may be hampering their quality of life; and so much more.

Crystal Palms is located at 840 Pinnacle Court Building 11, Suite 201 in Mesquite. The hours of operation are Tuesday through Saturday from 10 a.m. to 6 p.m., the center is closed on Sunday and Monday. For a complete list of services see the comprehensive article in the May/June 2022 issue of VIEW ON Magazine, contact them at 702-344-5982, or visit the Sanctuary website at [crystalpalmshealingsanctuary.com](http://crystalpalmshealingsanctuary.com).

## Singer Showcase and Father's Day



## Mesquite and the Mojave Desert

The Mojave Desert's dry beauty is striking with landforms created by wind, erosion, and rain. One of four deserts in the Great North American Desert, the Mojave's tall pinnacles, hoodoos, narrow canyons, and table mountains bear witness to a time when water from an inland sea covered and shaped the area. The Mojave, named for indigenous people who lived here, is the smallest and driest desert in North America. The other three desert areas are the Chihuahuan, Sonoran, and Great Basin.

The Mojave is considered a "high desert" with elevations between 2,000 and 4,000 feet. Ironically, Death Valley, the lowest point in the United States, is in the Mojave Desert. Mesquite's elevation tops out at about 1,900 feet.

Located in the northeast corner of the Mojave, Mesquite's average annual rainfall is less than 2 inches, with most of the rain falling in February. A huge underground aquifer that drains from Utah and Nevada provides water to Mesquite. Currently, the city uses half of its annual allotment for water, according to Virgin Valley Water.

The Mojave climate is one of extremes. Average temps in Mesquite range from a low of 41 in December to a high of 100 in July. Other parts of the Mojave are cooler in the winter and hotter in the summer. Furnace Creek in Death Valley has reached 134 degrees.

The two largest cities in the Mojave are Las Vegas, Nevada, population 2.3 million, and St. George, Utah, population 200,000. Mesquite has grown its population of 800 in 1983 to 20,000 plus. Another million people are scattered in other towns and cities that dot the desert.

Mesquite, circled by red sandstone mesas and the Virgin Mountains, is the perfect place to live in the desert. Explore the Virgin River Narrows, between Mesquite and St. George, as well as hundreds of miles of off-road trails in the coral desert.



## Welcome New Sun City Residents

- |                                     |                            |                                |                      |
|-------------------------------------|----------------------------|--------------------------------|----------------------|
| Warren Ferber and Amy Bauch         | Minneapolis, MN            | Sheila Allen and Steve Casteel | Bremerton, WA        |
| Michael and Janalee Blankenstein    | Plain City, UT             | Shig and Kater Sato            | Plainsboro, NJ       |
| Brian and Lynette Stone             | Albany, OR                 | Craig and Charlene Henderson   | Maui, HI             |
| Dallas Belville                     | Mesquite, NV               | Sheri and Kelly Webb           | Idaho Falls, ID      |
| Paul and Brenda Montgomery          | Clive, IA                  | Bob and Vickie Samuelson       | West Valley City, UT |
| Jim and Sally Hightchew             | Mesquite, NV               | Joelene Cervantes              | Saratoga Springs, UT |
| Jack and Terri McGee                | Castle Rock, CO            | Mike and Annie Tucker          | Montrose, CO         |
| Randy and Jane Carrado              | Denver, CO                 | Roger and Mary Ellen Safford   | Mesquite, NV         |
| Allen and Margot Centanni           | Florence, OR               | Jim and Trish Burgett          | Bellevue, MI         |
| Joe Dijamco                         | Las Vegas, NV              | Mark and Erin Woods            | Draper, UT           |
| Sean and Trish Lyon                 | Bainbridge Island, WA      | Paul and Kris Ellington        | Eden, UT             |
| Phil and Robin Vercreysse           | Ventura, CA                | Lisa and John Kilcoyne         | Patterson, CA        |
| Kenneth and Ronna Pierce            | Mesquite, NV               | David Romeo                    | Eden, UT             |
| Frank and Tamera Magnano            | Menifee, CA                | Billy and Bing Ogden           | Long Beach, CA       |
| Gregory and Linda Dukstein          | St. Charles, IL            | Barbara Leitner                | Farmington, NM       |
| Steve Starratt and Gail Lorimer     | Discovery Bay, CA          | Leigh and Jerry Carlson        | Gerogetown, TX       |
| Patricia Rozeman and Steve Hopsiter | Reedpoint, MT              | Richard and Rachelle Miller    | Draper, UT           |
| Cheryl and Michelle Nault           | Rancho Santa Margarita, CA |                                |                      |

## Gardening - Growing Healthy Orchids Indoors

Orchids are amongst the most beautiful flowers of the plant kingdom. There are over 20,000 species and 100,000 hybrid varieties, making orchids the second largest plant family in the world. (The largest plant family is Asteraceae-compound plants like asters and senecio)

Orchids may look very delicate but they are not that difficult to grow or keep alive. All orchids require three things to thrive; growing medium, sunlight and water.

### Basic Care:

All orchids need a well-draining growing medium; moss, ground up tree bark or orchid potting mix. Do not use regular potting soil as it will suffocate the roots and kill the plant. Repotting can and should probably be done yearly.

Orchids like hours of indirect sunlight (bright shade). South and east facing windows work best for growing orchids. It may be necessary to reposition plants as the seasons change. A sheer curtain on the window will help cast shade if needed. Low light will make them puny.

Watering an orchid is as easy as watering any other plant. Thoroughly water once a week and allow the orchid to dry slightly before waterings when in a plastic pot inside another pot. If the orchid is in a single pot (no drain hole), water with two ice cubes each week. When watering, be sure to water the medium and not the plants. Too wet will kill the orchid.

In addition to the basic care for orchids, consider a once a month (quarter strength) fertilizer and a humid environment. To provide extra humidity, spritz only the leaves or set the plant on a tray of moist pebbles.

Orchids are tougher and hardier than most people think. Grow the varieties and assemble a collection of flowering orchids year around.



## Conestoga Golf Club and 1880 Grille

### 1880 Grille

**Remember during the summer months, we are open daily from 6:30 a.m. to 7 p.m., but will be back to our regular closing time of 9 p.m. starting on October 4th. Don't forget to try our daily Breakfast, Lunch, and Dinner offerings, and our weekly Mexican specials. And just as a reminder, due to the high cost of beef, we are not currently offering the monthly Prime Rib Buffet.**

**Don't forget to mention that you are a Sun City resident to get a discount on your food items.**

**Reservations can be made at the 1880 Grille or by phone at (702) 346-4461.**

### Conestoga Golf Club

**Remember to make your SCM resident rate tee time online at [conestogagolf.com](http://conestogagolf.com) or call the golf shop at 702-346-4292. You can start your tee times beginning at 7:30 a.m. The fairways are in excellent condition, and the weather is just perfect to come and enjoy some great fun with family and friends. As you know we will be overseeding beginning in September.**

**Thank you for your continued support while we are making great things happen at the Conestoga.**

## Sun City Club- Pinochle Club

If you like card games, fun company, and a fistful of kings, queens and jacks ... then maybe you should try the Sun City Pinochle Club.

Pronounced “PEA-knuckle,” this is a game that involves making bids, melding cards and taking tricks. It uses only the high end of the deck, tens through aces. But it’s easy to learn and fun to play. Just ask the 15 to 25 Sun City residents who show up at the Pioneer Center on Wednesdays and Saturdays at 2 p.m. to see if they can “shoot the moon” – which is what they call it when you rake in all the tricks.

Bev Johnson, a 5-year resident of Sun City, is president of the club this year. “It’s all about having fun,” she says. “We have a fantastic group of people.”

Bev learned Pinochle from her parents, growing up in Tacoma. It’s widely played across the country, but not everyone has heard of it. The game was brought here by European immigrants, stemming from a German game called Binokel. It’s thought that the name came from the German words bis (“until”) and knochel (“knuckle”), because originally the game ended when a player rapped their knuckles on the table.

Sun City’s Pinochle Club has no fees and no real formal membership roster, except for an email list to reach players with messages. It’s whoever shows up to play. There’s a training table for helping new learners. And table sizes are adjusted to accommodate everyone who comes. “We want to help get people out of the house,” says Bev. “But most of all, it’s gotta be fun!”

Questions? Feel free to call Bev Johnson at 702-613-5168. Or just show up for a friendly afternoon! Wednesdays and Saturdays, 2 p.m.



## Festivals and Events for July

|         |            |   |
|---------|------------|---|
| July 4  | 9:00 p.m.  | Red Rocks Over the Mesa                               |
| July 4  |            | Free Swim Day at the Mesquite Recreation Center       |
| July 4  |            | Dustin Lynch (Greater Zion Stadium)                   |
| July 9  | 4-10 p.m.  | July Jamboree (Cedar City Historic Downtown)          |
| July 8  | 11:30 a.m. | Cardmaking for Adults, Clark County Library, Mesquite |
| July 23 | 3:00       | Cricut Club, Clark County Library, Mesquite           |



### Singer Showcase and Bingo



### 2022 Board of Directors Meetings

Tuesday, July 19 at 1:30 p.m.  
Tuesday, October 18 at 5 p.m.

Annual Homeowner Meeting  
Wednesday, November 16 1:30 p.m.

\*Dates are subject to change

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Treasurer - Lauren Van Tussenbroek  
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*Home.* A story of who we are.  
A collection of things we love.

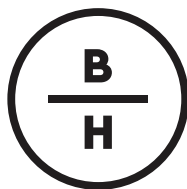


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- Trust Amendments

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